## Programme at a Glance

### Friday 13 March

**08.30-09.15**  
**KEYNOTE 2**  
Room Salle des Princes  
Injury prevention in youth sport: Why are we so afraid of change?  
Speaker: Carolyn EMERY - Canada

| Session A • SYMPOSIUM 22  
09.30-11.00 Room Salle des Princes  
From Copenhagen to Dublin via Oslo: Collaborating to tackle primary, secondary and tertiary groin injury prevention in sports  
Chairs: Thor Einar ANDERSEN - Norway, Per HÖLMICH - Denmark |
|---|
| Session B • SYMPOSIUM 23  
09.30-11.00 Room Prince Pierre  
Prevention of sudden cardiac death: Crossing the implementation gap  
Chair: Jonathan DREZNER - USA |
| Session C • SYMPOSIUM 24  
09.30-11.00 Room Camille Blanc  
Injuries in runners: Where does the future lie?  
Chair: Carolyn EMERY - Canada |
| **11.00-11.30**  
Coffee Break |
| Session A • SYMPOSIUM 25  
11.30-13.00 Room Salle des Princes  
Hamstring injury prevention IS possible... Maybe. Kind of. Ish.  
Chairs: Tania PIZZARI - Australia, Johannes TOL - The Netherlands/Qatar |
| Session B • SYMPOSIUM 26  
11.30-13.00 Room Prince Pierre  
Evidence based prevention of illness associated with long-haul travel in elite athletes: Sorting the wheat from the chaff  
Chair: Wayne DERMAN - South Africa |
| Session C • SYMPOSIUM 27  
11.30-13.00 Room Camille Blanc  
Injury prevention in youth sport: Where does the future lie?  
Chair: Carolyn EMERY - Canada |
| **13.00-14.30**  
Lunch |
| **14.30-15.15**  
**KEYNOTE 3**  
Room Salle des Princes  
Tropical paradise or danger zone? Beat the heat to protect athletes in a sweltering 2020 Tokyo  
Speaker: Sébastien RACINAIS - Qatar |
| **15.30-16.30**  
**THEMATICAL POSTER SESSION**  
Exhibition Hall – Poster Area |
| **16.30-17.00**  
Coffee Break |
| Session A • SYMPOSIUM 28  
17.00-18.00 Room Salle des Princes  
The value of longitudinal data for the prevention of injury and illness. Lessons learned from international surveillance programs  
Chair: Ian SHRIER - Canada |
| Session B • SYMPOSIUM 29  
17.00-18.00 Room Prince Pierre  
#MeTooSport – the prevention of non-accidental violence in sport settings: It’s not just about one bad apple  
Chairs: Sheena BEKKER - South Africa/United Kingdom, Margo MOUNTJOY - Canada |
| Session C • SYMPOSIUM 30  
17.00-18.00 Room Camille Blanc  
Knowledge translation: Bridge between the evidence and real-world injury prevention impact  
Chair: Kathrin STEFFEN - Norway |
| Session D • SYMPOSIUM 31  
17.00-18.00 Room Auric  
Prevention of injury in the overhead throwing athlete: Prediction, prevention, and workload  
Chair: Jason L. ZAREMSKI - USA |
| Session E • SYMPOSIUM 32  
17.00-18.00 Room Van Dongen  
The Effect of the ‘Face to Face’ education program to rugby medical on the severe head injury  
Chair: Mutsum YAMADA - Japan |
| **18.00-19.00**  
**HEAD-TO-HEAD DEBATE 2**  
Room Salle des Princes  
Kill the sacred cow: Return to play criteria should be trashed in favor of time (biology)-based criteria  
Chair: Ian SHRIER - Canada |
| Session B • SYMPOSIUM 33  
18.00-19.00 Room Prince Pierre  
Gastrointestinal issues in sport: Utilizing diet, the gut microbiota and probiotics for prevention of illness in athletes  
Chair: Owen CRONIN - Ireland/United Kingdom |
| Session C • SYMPOSIUM 34  
18.00-19.00 Room Camille Blanc  
The 11+ journey: 14 years and still going strong?  
Chairs: Mario BIZZINI - Switzerland, Holly SILVERS-GRANELLI - USA |
| Session D • SYMPOSIUM 35  
18.00-19.00 Room Auric  
IOC consensus on methodology for recording and reporting of data for injury and illness surveillance |
| **20.00**  
SPORTS CELEBRATION NIGHT |
**Saturday 14 March**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session A • SYMPOSIUM 36</th>
<th>Session B • SYMPOSIUM 37</th>
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<td>08.30-09.15</td>
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<td>Tokyo 2020: Protecting the athlete from environmental and logistical challenges</td>
<td>Concussion prevention in youth team sports: Evidence informing best practice and policy across five high risk sports</td>
<td>Never mention prevention!</td>
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<td>Chair: Lee TAYLOR - Qatar</td>
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<td>Chair: Martin ASKER - Sweden, Rodney WHITELEY - Qatar</td>
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<td>The injury prevention (r)evolution - a primer for tomorrow</td>
<td>Injury prevention – what can you learn from our biggest mistakes?</td>
<td>Heat injury and illness prevention for Tokyo 2020: What is the IOC doing?</td>
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<td>Chairs: Nicol VAN DYK - Qatar, Johann WINDT - USA</td>
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<td>Implementing change in performance and prevention: Persuasion, Perseverance, Passion</td>
<td>Injury prevention in handball: What have we learned and where are we going?</td>
<td>It's not complicated: Injury prevention in sport through a complex systems approach</td>
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<td>Chairs: Nicola PHILLIPS - United Kingdom, Mario BIZZINI - Switzerland</td>
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<td>Injury prevention apps – clap or scrap?</td>
<td>Preventing primary cam morphology and femoroacetabular impingement syndrome in the young athlete: Is the ‘hop’ really the hip’s demise?</td>
<td>Protecting respiratory health in athletes: What can we do better?</td>
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<td>Chair: Tron KROSSHAUG - Norway</td>
<td>Chairs: Paul DUKSTRA - Qatar, Andrea MOSLER - Australia</td>
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<td>Understanding the basis of success: How fewer injuries will help you win trophies</td>
<td>Health Impact of Life-Long Participation in Olympic Sport</td>
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<td>Speaker: Martin HÅGGLUND - Sweden</td>
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<td>17.45-18.00</td>
<td>CLOSING CEREMONY</td>
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<td>FACULTY DINNER (by invitation)</td>
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50 symposia
5 keynote lectures
2 head-to-head debates
162 speakers
25 scientific committee members
29 countries

Call for abstracts & workshops is now open

Submission deadline

SEPTEMBER
15
2019

Conference Venue
Grimaldi Forum
10, Avenue Princesse Grace - 98000 Monaco

Registration, hotel booking available on the website:
www.ioc-preventionconference.org

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Thor Einar Andersen
Stig Andersson
Fabio Arcanjo
Clare Ardern
Amelia Arundale
Martin Asker
Victoriya Badtieva
Ummukulthoum Bakare
Sheree Bakker
Jesper bencke
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Douglas Casa
Karin Charmari
Ajit Chaudhari
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Benjamin Clarsen
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Mark Harrington
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Daes Högström
Per Hölmich
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Gino Kerkoffs
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International Olympic Committee

Medical and Scientific Department

IOC Medical & Scientific Commission Chair:
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