Thursday 11 February

08.00 Registration
09.00-09.30 OPENING OF THE SCIENTIFIC SESSIONS Room Salle des Princes
09.30-10.30 KEYNOTE 1 Room Salle des Princes
Injury prevention from a professional sports league perspective: the journey from theory to implementation
Speaker: Willem MEEUWISSE, Canada

10.30-11.00 Coffee Break

Session A • SYMPOSIUM 1
11.00-12.30 Room Salle des Princes
Load management in elite football: Does sexy research translate to real-world prevention?
Chairs: Thor Einar WAKENSEN-Norway, Alan MCGALL-United Kingdom

Session B • SYMPOSIUM 2
11.00-12.30 Room Pierre Percier
Protecting the Olympians of tomorrow: should we be cardiac screening the elite paediatric athlete?
Chair: Sanja SHARMA-United Kingdom

Session C • SYMPOSIUM 3
11.00-12.30 Room Camille Blanc
Primary, secondary and tertiary prevention strategies for ankle sprains: an essential update and guide for clinicians working with field- and court-sport athletes
Chair: Eamonn DELAHUNT-Ireland

Session D • FREE COMMUNICATIONS
11.00-12.30 Room Van der Gougen

Session E • FREE COMMUNICATIONS
11.00-12.30 Room Van der Gougen

12.30-13.30 Lunch

Session A • HEAD-TO-HEAD DEBATE 1
13.30-14.30 Room Salle des Princes
Is it time to stop recommending cardiac screening in athletes and from now on cardiovascular risk assessment?
Chair: Kimberly HARMON-USA

Session B • SYMPOSIUM 4
13.30-14.30 Room Salle des Princes
Injury prevention programmes in Rugby Union: across countries and into communities
Chair: Jon PATRICIOS-South Africa
Chair: Andrea MOSLER-United Kingdom

Session C • SYMPOSIUM 5
13.30-14.30 Room Pierre Percier
Do the 3 E’s of injury prevention (identification, enforcement, engineering) work in alpine skiing and snowboarding?
Chair: Claus GOETTL-United Kingdom

Session D • SYMPOSIUM 6
13.30-14.30 Room Pierre Percier
Injury prevention in female youth sports: Two decades of the TRIPP model: Has implementation made its mark?
Chair: TIB

Session E • SYMPOSIUM 7
13.30-14.30 Room Camille Blanc
Trends in hip and knee injuries in female soccer: What have we learned from the 2012 London Olympics?
Chair: TtemsHom SOLGARD-Norway/Switzerland

Session F • SYMPOSIUM 8
13.30-14.30 Room Camille Blanc
Preventing running injuries in team sports: Is it as evidenced by the hip load? - volleybal?
Chair: Natasha F.N. BITTENCOURT-Brazil

Session G • SYMPOSIUM 9
13.30-14.30 Room Camille Blanc
Injury prevention and concussion: Keeping swimmers in the pool - prevention of overuse shoulder injuries
Chair: Daniel T.P. FONG-United Kingdom
Chair: Karm KHAN-Canada

13.30-14.30 Session H • FREE COMMUNICATIONS
13.30-14.30 Room Van der Gougen

14.30-15.30 Session I • FREE COMMUNICATIONS
14.30-15.30 Room Van der Gougen

15.00-16.00 Break

15.30-16.30 THEMATIC POSTERS SESSIONS
Poster Area – Level 2 (from session 1 to session 30)

16.30-17.00 Coffee Break

Session A • SYMPOSIUM 12
17.00-18.00 Room Salle des Princes
ACL injury prevention in women’s football: Difficult but not impossible!
Chair: Andrea MOLSER-Australia

Session B • SYMPOSIUM 13
17.00-18.00 Room Salle des Princes
Sleeping for success in sport
Chair: Janne JANSE VAN Rensburg- South Africa

Session C • SYMPOSIUM 14
17.00-18.00 Room Salle des Princes
The power of athletes’ stories for evidence-based injury prevention in sports
Chair: Evelt VERHAGEN-The Netherlands

Session D • SYMPOSIUM 15
17.00-18.00 Room Salle des Princes
Primary prevention of mental health symptoms and exacerbation in elite athletes
Chair: Brian HAINLINE-USA

Session E • SYMPOSIUM 16
17.00-18.00 Room Salle des Princes
Understanding, Prevention, Treatment and Rehabilitation of ACL injury: Insights from the Far East
Chair: Patrick Shi Yu HUNG-Hong Kong, China

Session F • SYMPOSIUM 17
17.00-18.00 Room Salle des Princes
How to prevent fifth metatarsal stress fractures
Chair: Natascha G. REID-United Kingdom

Session G • SYMPOSIUM 18
17.00-18.00 Room Salle des Princes
Let’s kick out of football... grain injuries - bridging science and practice in prevention of groin injuries in football
Chair: Simon KEMP-United Kingdom

Session H • SYMPOSIUM 19
17.00-18.00 Room Salle des Princes
The Holy Grail: The primary prevention of both athlete injury + illness in sport: Relative Energy Deficiency in Sport (RED-S)
Chair: Margo MOUNTJOY-Canada

Session I • SYMPOSIUM 20
17.00-18.00 Room Salle des Princes
The ball is in your court - methodological challenges when arranging RCT’s in youth team sports
Chair: Simon KEMP-United Kingdom

Session J • SYMPOSIUM 21
17.00-18.00 Room Salle des Princes
Mouthguards – protection, concussion and performance... What is the connection?
Chair: Simon KEMP-United Kingdom

Session K • SYMPOSIUM 22
17.00-18.00 Room Salle des Princes
ECG interpretation in athletes: accurate use of the international criteria in 6-step!
Chair: Margo MOUNTJOY-Canada

Session L • SYMPOSIUM 23
17.00-18.00 Room Salle des Princes
Telling your athletes to get a good night’s sleep: Creating awareness of sleep deprivation as a risk factor for sport injury in youth athletes
Chair: Simon KEMP-United Kingdom

Session M • SYMPOSIUM 24
17.00-18.00 Room Salle des Princes
Making mass-participation endurance sports events safer – it starts with measuring, but how do I do it?
Chair: Simon KEMP-United Kingdom

18.00-19.00 Room Salle des Princes
FREE COMMUNICATIONS

19.00-20.00 Room Salle des Princes
Poster Area – Level 2 (from session 31 to session 30)

20.00-21.00 Room Salle des Princes
FREE COMMUNICATIONS

21.00-22.00 Room Salle des Princes
FREE COMMUNICATIONS

22.00-00.00 Room Salle des Princes
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00.00-00.30 Room Salle des Princes
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00.30-01.00 Room Salle des Princes
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01.00-01.30 Room Salle des Princes
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01.30-02.00 Room Salle des Princes
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02.00-02.30 Room Salle des Princes
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02.30-03.00 Room Salle des Princes
FREE COMMUNICATIONS
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<th>Time</th>
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<th>Chairs</th>
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<td>11.00-11.30</td>
<td>Coffee Break</td>
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<td>11.30-12.30</td>
<td>Session B • SYMPOSIUM 23</td>
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<td>Hamstring injury prevention is possible... Maybe. Kind of. Ish.</td>
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<td>14.30-15.15</td>
<td>KEYNOTE 3 Room Salle des Princes</td>
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<td>Beat the heat to protect athletes in a sweltering 2020 Tokyo</td>
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<td>15.30-16.30</td>
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<td>Injury prevention in youth sport: Why are we so afraid of change?</td>
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<td>16.30-17.00</td>
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<td>17.00-18.00</td>
<td>Session D • SYMPOSIUM 25</td>
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<td>Taping and bracing for injury prevention: a help, habit or hazard?</td>
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<td>18.00-19.00</td>
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<td>Making it stick: adherence research in sports injury prevention</td>
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